



# Bertha - Hewitt School Menu

## September 2024

### Breakfast

- \*Students must select 3 components & 1 component must be 1/2 cup FRUIT or JUICE
- \*Breakfast served with Fresh Fruit & Juice
- \*Breakfast alternate: Cold Cereal & Cheese Stick




### Lunch

- Lunch Alternate 5th-12th gr.
- #1: Ham or Turkey Sandwich
- #2: Chef Salad

All meals are served with, 1% or Chocolate Milk This institution is an Equal Opportunity Provider

### Assorted Fruit Served Daily

MENU SUBJECT TO CHANGE WITHOUT NOTICE

	Tuesday	Wednesday	Thursday	Friday
	3 Mini Waffles & Syrup	4 Pancake on a Stick & Syrup	5 Cheese Omelet & Hashbrowns	6 Frosted Cinnamon Roll
	Hot Dogs & Baked Beans & Fruit & Carrots & Chips	Italian Dunkers Marinara Sauce Fresh Carrots & Fruit R Lettuce Salad	Chicken Fajita Tortilla Shell Shredded Lettuce & cheese Diced Tomatoes Veggie & Fruit	Pizza Steamed Corn R Lettuce Salad & Fruit & Chips
9 Muffins & Cheese Stick	10 Bagel & Cream Cheese	11 Pancakes & Syrup	12 Breakfast Pizza	13 Frosted Long John
California Cheeseburgers Shoestring French Fry Baked Beans Fruit veggie	B-H Chicken Bowl Mashed Potatoes & Gravy Steamed Corn Dinner Roll	Pulled Pork Sandwich Seasoned Fries Veggies Fruit	Taco -in-a-Bag Shredded Lettuce & cheese Tomatoes & Steamed Broccoli Fruit	Quesadilla's R lettuce Potato Wedges & Sour Cream & Fruit
16 Breakfast Bar & Yogurt	17 Oatmeal	18 French Tst Stks & Syrup	19 Sausage & Eggs	20 Frosted Cinnamon Roll
Mini Corn Dogs Chips Steamed Peas Applesauce & Cuties	Chicken Alfredo Garlic Bread & Steamed Carrots & Fruit	Chicken Patty on Bun & Tator Tots & Fruit & Brown Beans	Beef Nachos & Chips & Corn & Lettuce & Fruit	Italian Dunkers Marinara Sauce Fresh Carrots & Fruit R Lettuce Salad
23 Pancake on a stick & Syrup	24 Bacon Egg Bites	25 Breakfast Pizza	26 Biscuits & Gravy or Jelly	27 Frosted Long John
Chicken Nuggets Baked Beans Fruit Pop Carrots & Celery	Mac n Cheese & Bread Stick Fruit & Veg & Cookie	Spaghetti & Meat Sauce & Garlic Bread & Lettuce & Fruit	Mandarin Chicken Steamed Rice Steamed Broccoli Fresh cut Fruit	Pizza Steamed Corn R Lettuce Salad & Chips
30 Dutch Waffle				
BBQ Chicken Sandwich Hashbrown Patty & Frozen Fruit Cup & Baked Beans				

